A Healthy Slice of Happiness | An Irish Foodie's (Mostly Healthy!) Adventures in London Town

Abstract
I was given the Ottolenghi cookbook as a Christmas gift and I have to say I was enraptured from the minute I opened the cover. The focus is on using simple and healthy ingredients and mixing them to create great flavours. These meatballs are fab and I've basically reduced the levels of oil used to make them slightly healthier. I hope you enjoy them as much as me!

Recommended Citation
https://arrow.dit.ie/foodblir/5