In the tradition of The Snow Leopard, Circling the Sacred Mountain is a remarkable account of spiritual adventure through the magical and forbidding landscape of remote western Tibet. A promise of spiritual transformation inspired Robert Thurman—renowned Buddhist scholar, teacher, and close friend of the Dalai Lama—to take a group of trekkers to Mount Kailash, the holiest of Himalayan mountains, and teach them an accelerated path of Tibetan Buddhism. Among the group was a former student and longtime friend, Tad Wise, who struggles with Thurman's teachings as much as with the rigors of high altitude. Together, they take us through an ominous border crossing to sites few Westerners have seen: sacred graveyards, majestic monasteries, and the meditation caves of ancient masters. Chronicling the inner as well as the outer journey, confrontations both physical and metaphysical, Circling the Sacred Mountain is an exciting account of a challenging journey towards enlightenment.

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