Great Salt Lake is not a "dead sea." It is an ecosystem teeming with life, and there's always something interesting going on. Most people come to the lake to see birds. Each year, more than 250 species of birds visit the Great Salt Lake ecosystem. The greatest diversity and numbers of birds visit during the spring and fall migration seasons. Most birds come to the wetlands, but certain species—especially grebes, phalaropes, avocets, stilts, and gulls—spend most of their time in or near open water. This guide will help you plan a visit to the lake during any season, and let you know about some interesting things to look for. See our interactive map for more information about some good places to visit. Visit the Great Salt Lake from Space page to see how the landscape changes through the year.


The lead actors are great. Lou Taylor Pucci's portrayal of Evan is wholly convincing, his character could've run the risk of being entirely forgettable but he's sweet and charming and highly likable. Nadia Hilker has been working in German television for about 5 years, this is her first feature film, and I have to say I'm a little bit in love with her. Spring is a 2014 American romantic body horror film directed by Justin Benson and Aaron Moorhead and starring Lou Taylor Pucci and Nadia Hilker. Evan, a young American man, loses his mother to cancer. The next day, following his mother's funeral, he gets into a physical altercation with another man while drinking at the restaurant he works at, resulting in the loss of his job. His friend advises him to travel to get his mind clear. Evan travels to Italy. He meets a flirtatious girl named Louise, whom